

Coastal Running League & **HARPSWELL HARRIERS**

Spring 2016 Registration Form

**Cross-country running
is an exciting sport**

With lifelong fun and fitness benefits. This program offers training and conditioning for participants. Runners compete as a team but have a sense of individual performance and accomplishment.

Weekly Meets

Wednesdays with similar groups from Yarmouth, Cumberland, Pownal and one home meet at HCS. Grades: K, 1 & 2 – 1/2 mile; Grades 3 & 4 – 3/4 mile; Grades 5 & 6 – 1 mile. Meet schedule will be distributed at first practice.

Practices

Mondays: 3:30 – 4:30 P.M. at Harpswell Community School. First practice will be on **Monday, April 25 at 3:30 P.M.**

Coaches

Frank Wright and Karen Ela. **We can always use helpers.** If you are interested, please contact Harpswell Recreation at 833-5771 or recreation@town.harpswell.me.us.

Parent Participation

Parents are encouraged to walk or run, and to help with the practices.

Registration 4/18/16

Fee is \$15.00 per runner (one form for each runner). **No on-site registration.** Late fee after 4/18/16: additional \$5.00. **Return Completed Form to Town Office.**

Mail to:

Town of Harpswell, Recreation Dept., P.O. Box 39, Harpswell, ME 04079

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Spring 2016 Coastal Running League & Harpswell Harriers

For office use only:

_____ #R4160

Name _____	Grade _____	Female _____	Male _____
Address: _____	Town _____	Zip _____	
Parent Name: _____	E-mail: _____		
Day Phone# _____	Evening Phone # _____		
Emergency Contact #1 _____	Emergency Contact #2 _____		
Medical Concerns/Restrictions _____			

Participant Release/Assumption of Risk Agreement/Agreement to Indemnify & Hold Harmless

Each person signing below understands that participation in the Town of Harpswell ("Town") program, activity and/or special event can involve the risk of damage and injury, including serious injury, to both people and property. Each person signing below understands and agrees that the Town, its agents, officers and employees, accept no responsibility, and will not be liable, for any injury, harm or damage to his/her person or property (including, but not limited to, injury, harm or damage caused by negligence of the Town, its agents, officers or employees) occurring during or arising out of participation in any Town program, activity and/or special event. To the fullest extent permitted by law, each person signing below agrees to assume all risk of injury, harm or damage to his/her person or property arising during or in connection with said Town program, activity and/or special event. Each person signing below hereby releases and agrees to indemnify and hold harmless the Town, Harpswell Harriers Coastal Running League and MSAD 75, its agents, officers and employees, from any and all liability, actions, damages and claims of any kind and nature whatsoever for any injury, harm or damage to his/her person or property (including, but not limited to, injury, harm or damage caused by negligence of the Town, its agents, officers or employees) that may arise or occur during or in connection with said program, activity and/or special event. ****Photos & videos taken may be used for local publicity, website & Facebook****

Parent Signature _____ Date _____